



## **BEFORE THE FREEZE:**

### **WINTER WEATHER PREP (LOUISIANA)**

#### **CHECKLIST 1**

Ice is unusual in Louisiana. The biggest risks are power outages, slick roads, and staying warm safely. Preparing early makes a difference.

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#### **DO THIS FIRST (TODAY / ASAP)**

- ☐ Charge phones, power banks, rechargeable lanterns
  - ☐ Fuel up vehicles and keep a phone charger in the car
  - ☐ Stock no-cook food and water for 1–3 days
  - ☐ Set aside medications and a written list of prescriptions/medical needs
  - ☐ Bring pets inside and check on neighbors
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#### **TRAVEL & ROAD SAFETY**

- ☐ Avoid travel if possible—bridges and overpasses ice first
- ☐ Check road conditions and closures at [511LA.org](http://511LA.org)
- ☐ Make a plan to stay home if conditions worsen

#### **TRANSPORTATION PLANNING (IMPORTANT)**

Before winter weather begins, 211 may be able to help connect individuals to transportation assistance when services are available.

As conditions deteriorate (ice, road closures, or service suspensions), transportation options may become limited or unavailable. Early planning and early calls are strongly encouraged.



## **PROTECT YOUR HOME (PIPES & HEAT LOSS)**

- ☐ Wrap exposed pipes and outdoor faucets (towels + plastic can help in a pinch)
  - ☐ Let faucets drip during freezing temperatures, especially if heat or power is out
  - ☐ Open sink cabinet doors to allow warmer air to circulate
  - ☐ Reduce drafts: close blinds/curtains, block door gaps with towels
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## **PEOPLE-FIRST PREPARATION**

- ☐ Check on seniors, people living alone, and families with babies
  - ☐ Identify anyone who is power-dependent (oxygen, dialysis, refrigerated medications)
  - ☐ Know where local warming centers or shelters are located and share widely
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## **NEED HELP? CONTACT 211**

211 connects people to available resources such as heat, food, shelter, medical support, and more.

### **WAYS TO CONNECT:**

- Dial 211 – free, confidential, 24/7
- Online database: [unitedwaynela.org/211database](https://unitedwaynela.org/211database)
- Text your ZIP Code to 898-211 (M–F, 8 a.m.–5 p.m.)
- Submit a request: [unitedwaynela.org/211](https://unitedwaynela.org/211) (routed to a 211 Case Manager)